



SOUTH SUTTER RECREATION ASSOCIATION, INC.

## Group Swim Lesson Registration Form \$60 per child

A separate application for each child is required.

Please note: All of the information requested on both pages 1 & 2 must be completed in their entirety and a signature is required.

**Name of Child:**

First \_\_\_\_\_ MI \_\_\_\_\_ Last \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Gender: \_\_\_\_\_  
Home Address: \_\_\_\_\_  
City/Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

**Parent/Guardian:**

First \_\_\_\_\_ Initial \_\_\_\_\_ Last \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Additional Emergency Contact:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Please circle one of the categories listed that best describes the swimming ability of the child:

**Beginner      Intermediate      Advanced**

Has the child had previous swim lessons here or at another pool? Y / N

Does the child have a fear of water? Y / N

Please share any special needs or information that would be beneficial for us to know about the child:

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**Important Swim Lesson Information:**

Each session consists of 10 classes of 25 minutes divided into 2 weeks for weekday sessions (Monday - Friday).

Applications will be accepted up until the day before the session is to begin at the SSRA Pool office on a first come first serve basis until each session is full. From there, each session will be split into instructor groups based on age, skill level, and comfort level. No registrations will be accepted the day of or after the desired session has started.

Please arrive at the pool no more than 15 minutes prior to the lesson and ready to swim. Goggles are not required but encouraged. Because lessons are performance based, if it is determined that your child is not prepared for a group lesson, we reserve the right to suggest alternatives.

**Payment and Attendance.** Class fees must be paid in full prior to the first lesson. They are non-refundable and non-transferable. Clients are expected to attend all scheduled class sessions. Due to course content, class schedules and participation numbers, you may only attend the class in which you are enrolled. No make-ups are allowed in other classes. Requests for pro-rating fees must be authorized prior to the first scheduled class and are at the discretion of SSRA Management. These are scheduled class sessions, if your child misses any classes during the session, you will not be refunded by the missed class.

\_\_\_\_\_ Guardians initials

# Group Swim Lesson Registration Form

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Please circle your session and class

<p><b>Session #1 - Matt Kalkowski, instructor</b>  <b>Evening Session June 1-4, June 7-11</b>  <b>(Registration deadline May 31st)</b></p> <p>Parent &amp; Tot 5:30pm                  Tiny Tot I 6:00pm                  Tiny Tot II 6:30pm                  Level 1 7:00pm                  Level 2-3 7:30pm</p> <p><b>SESSION 1 ALL CLASSES FULL</b></p> <p><small>**There is no class on Monday May 31st</small></p>	<p><b>Session #2 - Tina Dumaplin, instructor</b>  <b>Morning Session June 14-18, June 21-25)</b>  <b>(Registration deadline June 13)</b></p> <p>Parent &amp; Tot 11:30am                  Tiny Tot I 12:00pm                  Tiny Tot II 10:30am                  Level 1 1:00pm                  Level 1 9:30am                  Level 2 9:00am                  Level 3-4 8:30am</p> <p><b>SESSION 2 ALL CLASSES FULL</b></p>
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**Desired Level**

Parent & Tot – *Ages 6 months – 3 years w/guardian*–Enter and exit water safely, water adjustment, explore submerging of mouth, nose and eyes, explore supported floats on front and back, supported combined stroke on front and back, wearing a lifejacket

Tiny Tot I – *Ages 3-5*–Supported float and glide on front and back, alternating arm and leg action skills, fully submerge face for 3 seconds, enter and exit the pool, walk 5 yards in chest deep water

Tiny Tot II – *Ages 3-5 (Instructors approval required)*–Hold breath and fully submerge head 3 seconds, unsupported floating and kicking on front and back 5 seconds, rhythmic breathing 10 times, combined stroke on front and back 5 yards, step from side into chest deep water, submerge and retrieve an object in chest deep water

Level 1 – *Introduction to Waterskills*–Supported float and glide on front and back, alternating arm and leg action skills, fully submerge face for 3 seconds, enter and exit the pool, walk 5 yards in chest deep water

Level 2 – *Fundamental Aquatic Skills*–Hold breath and fully submerge head 3 seconds, unsupported floating and kicking on front and back 5 seconds, rhythmic breathing 10 times, combined stroke on front and back 5 yards, step from side into chest deep water then float or tread for 15 seconds

Level 3 – *Stroke Development* –Jumping into deep water, diving from seated or kneeling position, treading water for 1 minute, front crawl and back, crawl 25 yards, rotary breathing, elementary backstroke 25 yards

Level 4 – *Stroke Improvement*–Dives from compact and stride positions, breaststroke 15 yards, front and back crawl stroke 25 yards, tread water 2 minutes, elementary backstroke 25 yards, swim underwater 3-5 body lengths

**Cost: \$60.00 per child/per session. Payment methods - Check / Venmo / Cash (please circle form of payment)**

*If paying with Venmo (@SSRAPool) write in amount and what it's for, add your name and telephone number, click "pay". Check payable to SSRA Pool.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Mail to: Cindy Gander c/o SSRA, 3098 Garden Hwy, Nicolaus, CA 95659  
 Questions? Call Cindy Gander at 530-218-5232

Location:  
 SSRA Pool, 2408 Palm St., Nicolaus CA 95659

**Official Use Only**

Check total: \_\_\_\_\_ Check Number: \_\_\_\_\_ Cash Total: \_\_\_\_\_ Venmo \_\_\_\_\_

↑  
 @SSRAPool  
 (write in amount and what it's for,  
 add your name and telephone number,  
 click "pay.")