



SOUTH SUTTER RECREATION ASSOCIATION, INC.

Pool location: 2408 Palm St. Nicolaus, CA 95659

Group Swim Lesson Registration Form \$60 per child

A separate application for each child is required.

Please note: All of the information requested on both pages 1 & 2 must be completed in their entirety and a signature is required.

If you are uncertain of your child's level, or if they need to be moved up or back a level, we will do an evaluation the first two days.

Name of Child:

First _____ Last _____

Date of Birth: _____ Gender: _____

Home Address: _____

City/Town: _____ State: _____ Zip _____

Parent/Guardian:

First _____ Last _____

Home Phone: _____ Cell Phone: _____ Email: _____

Additional Emergency Contact:

Name: _____ Relationship: _____

Home Phone: _____ Cell Phone: _____

Please circle one of the categories listed that best describes the swimming ability of the child:

Beginner Intermediate Advanced

Has the child had previous swim lessons here or at another pool? Y / N

Does the child have a fear of water? Y / N

Please share any special needs or information that would be beneficial for us to know about the child:

Important Swim Lesson Information:

Each session consists of 8 classes of 25 minutes divided into 2 weeks for weekday sessions (Tuesday - Friday or Monday - Thursday).

Applications will be accepted up until the day before the session is to begin at the SSRA Pool office on a first come first serve basis until each session is full. From there, each session will be split into instructor groups based on age, skill level, and comfort level. No registrations will be accepted the day of or after the desired session has started.

Please arrive at the pool no more than 10 minutes prior to the lesson and ready to swim. Goggles are not required but encouraged. Because lessons are performance based, if it is determined that your child is not prepared for a group lesson, we reserve the right to suggest alternatives.

Payment and Attendance. Class fees must be paid in full prior to the first lesson. They are non-refundable and non-transferable. Clients are expected to attend all scheduled class sessions. Due to course content, class schedules and participation numbers, you may only attend the class in which you are enrolled. No make-ups are allowed in other classes. Requests for pro-rating fees must be authorized prior to the first scheduled class and are at the discretion of SSRA Management. These are scheduled class sessions, if your child misses any classes during the session, you will not be refunded by the missed class. If you are paying with Venmo, please make sure you email or mail in your registration form within 24 hours of making payment so we can assure receipt of payment with registration.

Group Swim Lesson Registration Form

Child's Name: _____ Age: _____

Please circle your session and class

<p>Session #1 - Matt Kalkowski, Instructor Evening Session June 13-23 (Registration deadline June 7th)</p> <p>Parent & Tot 5:30pm full Tiny Tot I 6:00pm full Level 1 6:30pm full Level 2 7:00pm full</p> <p>**There are no classes Monday All classes are 25 minutes, starting promptly on time</p>	<p>Session #2 - Kimberly Lombard, Instructor Evening Session June 27-July 7 (Registration deadline June 21st)</p> <p>Parent & Tot 5:30pm full Tiny Tot II 6:00pm full Level 1 6:30pm full Level 2 7:00 pm full</p> <p>**There are no classes Monday All classes are 25 minutes, starting promptly on time</p>	<p>Session #3 - Kimberly Lombard, Inst. Morning Session July 10-20 (Registration deadline July 11th)</p> <p>Level 3 + 4 8:30am full Level 2 9:00am full Level 1 9:30am full Level 1 or 10:00am full Tiny Tot II 10:30am full Tiny Tot I 11:00am full Parent & Tot 11:30am full</p> <p>**There are no classes Friday All classes are 25 min, starting promptly on time</p>
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Desired Level

Parent & Tot – Ages 6 months – 3 years. *Must be w/guardian*–Enter and exit water safely, water adjustment, explore submerging of mouth, nose and eyes, explore supported floats on front and back, supported combined stroke on front and back, wearing a lifejacket

Tiny Tot I – Ages 4-5–Supported float and glide on front and back, alternating arm and leg action skills, fully submerge face for 3 seconds, enter and exit the pool, walk 5 yards in chest deep water

Tiny Tot II – Ages 4-5 (*Instructors approval required*)–Hold breath and fully submerge head 3 seconds, unsupported floating and kicking on front and back 5 seconds, rhythmic breathing 10 times, combined stroke on front and back 5 yards, step from side into chest deep water, submerge and retrieve an object in chest deep water

Level 1 – Ages 4+ *Introduction to Waterskills*–Supported float and glide on front and back, alternating arm and leg action skills, fully submerge face for 3 seconds, enter and exit the pool, walk 5 yards in chest deep water

Level 2 – Ages 6+ *Fundamental Aquatic Skills*–Hold breath and fully submerge head 3 seconds, unsupported floating and kicking on front and back 5 seconds, rhythmic breathing 10 times, combined stroke on front and back 5 yards, step from side into chest deep water then float or tread for 15 seconds

Level 3 – Ages 6+ *Stroke Development* –Jumping into deep water, diving from seated or kneeling position, treading water for 1 minute, front crawl and back, crawl 25 yards, rotary breathing, elementary backstroke 25 yards

Level 4 – Ages 7+ *Stroke Improvement*–Dives from compact and stride positions, breaststroke 15 yards, front and back crawl stroke 25 yards, tread water 2 minutes, elementary backstroke 25 yards, swim underwater 3-5 body lengths

Cost: \$60.00 per child/per session. Payment methods - Check / Venmo / Cash (please circle form of payment)

If paying with Venmo our account is @SSRAPool. Write in amount and what it's for, add your name and telephone number, click "pay".

Check payable to SSRA Pool.

Signature: _____ Date: _____

Mail Form and check to:

Cindy Gander c/o SSRA
 3098 Garden Hwy, Nicolaus, CA 95659

or email forms to: southsutterrecreation@gmail.com

Questions? Call Cindy Gander at 530-218-5232 for payment questions

For swim level questions call Matt Kalkowski at 530-520-8547 or Kimberly Lombard at 916-661-2699

Official Use Only

Check total: _____ Check Number: _____ Cash Total: _____ Venmo _____

April 2022

@SSRAPool

(write in amount and what it's for, add your name and telephone number, click "pay.")